‘Walking besides is not a big ask’ – Strengths based practices for the Individual carers

‘Walking besides is not a big ask’ – Strengths based practices for the Individual carers is a rapid inward looking one day process work with carers in the field. One day training program particularly assists those working in individualised arrangements in the field of disability, mental health and child protection. It allows individual carers to reflect and assist re-building themselves. Fathoming one’s own values and relating to every day practices at the training day begins your journey in a more meaningful way.

9:00 AM  Your understanding
9:30 AM  Your life Your Journey
9:40 AM  Expressions of values that I am most aware everyday life
10:10 AM  Proverbial wisdom- a personal exercise
10:45 AM  Your style for dealing with concerns
11-15 AM  Small group conversation using ground rules.
            The ‘Tina’ & ‘Bob’ that I think I know
            How are we traveling? Flight of the Geese
12:15 PM  Strengthening Individual understanding -Group Work
12:45 PM  Lunch Break
15:45 PM  How will ‘Tina’ & ‘Bob’ travel with us now?
17:00 PM  Carer perspectives

This one day process workshop is useful for team leaders,
Those who work at grassroots in respites
In day activities, in personal care and
In any relationship that involves communicating with and caring
For an individual or a small group

Child Protection    Disability     and     Mental Health

Facilitator: Dr Venkat Pulla, is a an accredited Practitioner of Social Work well recognised in Australia and overseas as a highly committed trainer of human values and strengths based human services practice frameworks that empower clients and staff within the teams. Venkat’s tactical conversations cause gentle nudges without sounding provocative. ‘In simple terms, if one is not awake not awake then one is not aware’. This summarises Venkat’s style of training and interventions. In addition to advanced strength based practice master classes, he offers professional supervision, process facilitation for managing change and wide ranging assistance to the not-for-profit sector and organisational development.

Enquire with Brisbane Institute of Strengths Based Practice for Group and agency rates for participants over 25-50
Mr Chris Montgomery, Secretary, BISBP 5 Mandell Close, Coopers Plains, Qld. 4108 Australia
email chrismontgomery@optushome.com.au  +61 421 974 188 or
dr.venkat.pulla@gmail.com  +61 422 345 982
for other training programmes offered please visit the website http://www.strengthsbasedpractice.com.au/